

h. CRH

54) The main excitatory amino acid in the nervous system is:

- a. dopamine
- ☒ b. glutamate
- c. glycine
- d. ATP
- e. ACTH
- f. endorphine
- g. acetylcholine
- h. GABA

55) The main inhibitory amino acids in the nervous system include:

- ☒ a. GABA
- b. glutamate
- c. dopamine
- d. serotonin
- ☒ e. glycine
- f. acetylcholine
- g. aspartate
- h. ACTH

56) The subtypes of glutamate receptors are:

- a. nicotinic
- ☒ b. NMDA, AMPA
- c. muscarinic
- d. 5-HT₂
- e. 5-HT₃
- f. 5-HT₁
- g. 5-HT₄
- h. 5-HT₆

57) Mechanism responsible for termination of action of excitatory and inhibitory amino acids is based on:

- a. biodegradation by enzyme, which is present in synaptic cleft
- b. phagocytosis by glia cells
- ☒ c. re-uptake by nerve endings and by glia cells
- d. transport to the nucleus of the neuron
- e. transfer through the blood-brain barrier
- f. re-uptake by immune cells
- g. diffusion
- h. osmosis

58) The result of binding of GABA on its receptor is:

- ☒ a. increases transmission of Cl⁻ ions into the cell
- b. membrane depolarization
- c. increases transmission of Na ions into the cell
- ☒ d. membrane hyperpolarization
- ☒ e. inhibition of the action potential activity
- ☒ f. suppression of neuron excitability

- g. influx of Fe ions into the cells
- h. efflux of Fe ions from cells

59) In immature nervous tissue GABA induces:

- a. membrane hyperpolarization
- b. membrane depolarization
- c. polarity of neuronal membrane is not changed
- ☒ d. loss of neurons
- e. increases of excitability of neurons
- f. suppression of neuron excitability
- g. influx of Fe ions into the cells
- h. efflux of Fe ions from cells

60) Glycine is:

- a. the main neurotransmitter of cells of substantia nigra
- b. the main neurotransmitter of cells of locus coeruleus
- ☒ c. the main inhibitory neurotransmitter of Renshaw's neurons of anterior horns of spinal cord
- d. the main neurotransmitter of cells of nucleus raphe
- e. excitatory amino acid
- ☒ f. inhibitory amino acid
- g. excitatory amine
- h. inhibitory amine

61) The main neurotransmitter of efferent neurons projecting their axons from spinal cord is:

- a. epinephrine
- ☒ b. acetylcholine
- c. angiotensin II
- d. serotonin
- e. histamine
- f. GABA
- g. glycine
- h. aspartate

62) The synaptic action of acetylcholine is terminated by:

- a. re-uptake of acetylcholine
- ☒ b. biodegradation by acetylcholinesterase
- c. exclusively by diffusion from synaptic cleft
- ☒ d. enzyme acetylcholinesterase
- e. transfer through the blood-brain barrier
- f. re-uptake by immune cells
- g. diffusion
- h. osmosis

63) Alteration of cholinergic system predominates in:

- ☒ a. Alzheimer's disease
- b. Parkinson's disease
- c. Creutzfeldt-Jakob's disease
- d. hydrocephalus

- e. depression
- f. multiple sclerosis
- g. curu
- h. prionosis

64) Catecholamines include: (wiki)

- ☒ a. epinephrine
- ☒ b. dopamine
- c. serotonin
- d. histamine
- ☒ e. norepinephrine
- f. glutamate
- g. GABA
- h. glycine

65) Alteration of dopaminergic system is predominant finding in:

- ☒ a. Parkinson's disease
- b. Alzheimer's disease
- c. Creutzfeldt-Jakob's disease
- d. myasthenia gravis
- e. amyotrophic lateral sclerosis
- f. multiple sclerosis
- g. curu
- h. prionosis

66) One of the most important mediators of stress reaction is:

- a. melatonin
- b. nerve growth factors
- ☒ c. catecholamines
- ☒ d. glucocorticoids
- e. glycine
- f. GABA
- g. serotonin
- h. histamine

67) Monoamine theory of affective disorders suggests alteration of activity of neurons synthesizing:

- ☒ a. serotonin and norepinephrine
- b. melatonin
- c. enkephalin
- d. angiotensin II
- e. glutamate
- f. GABA
- g. glycine
- h. histamine

68) Brain neurons synthesizing histamine are localized mainly in:

- ~~a.~~ brainstem
- b. prefrontal cortex
- ☒ c. hypothalamus

- d. cerebellum
- e. substantia nigra
- f. locus coeruleus
- g. raphe nuclei
- h. area postrema

69) Brain neurons synthesizing dopamine are localized mainly in:

- a. basal ganglia
- ☒ b. thalamus
- c. substantia grisea
- d. cerebellum
- ☒ e. substantia nigra
- f. locus coeruleus
- g. raphe nuclei
- ☒ h. area postrema

70) Brain neurons synthesizing norepinephrine are localized mainly in:

- ☒ a. brainstem
- b. cerebral cortex
- c. hypothalamus
- d. cerebellum
- e. substantia nigra
- ☒ f. locus coeruleus
- g. raphe nuclei
- h. area postrema

71) Brain neurons synthesizing epinephrine are localized mainly in:

- ☒ a. brainstem
- b. cerebral cortex
- c. hypothalamus
- d. cerebellum
- e. substantia nigra
- f. locus coeruleus
- g. raphe nuclei
- h. area postrema

72) Brain neurons synthesizing serotonin are localized mainly in:

- a. brainstem
- b. cerebral cortex
- c. hypothalamus
- d. cerebellum
- e. substantia nigra
- f. locus coeruleus
- ☒ g. raphe nuclei
- h. area postrema

73) Gas neurotransmitters include:

- ☒ a. NO
- ☒ b. CO
- c. H₂S

- d. ATP
- e. angiotensin II
- f. purines
- g. O₂
- h. CO₂

74) Neuropeptides are synthesized:

- a. in nerve endings similarly as a small-molecule neurotransmitters
- ☒ b. in the body of neurons
- c. in the mitochondrion
- d. directly in the synaptic vesicles
- e. extra-neuronal
- f. in the axon
- g. in dendrites
- ☒ h. in the cell nucleus

75) Neuropeptides are released mainly:

- a. mainly during resting state of neuron
- b. after low-frequency stimulation
- ☒ c. after high-frequency stimulation ✓
- ☒ d. from the nerve endings ✓
- e. in special conditions also from dendrites
- f. by adrenal medulla
- ☒ g. by cells of gastrointestinal tract ✓
- h. mainly from the glia cells

76) One neuron can synthesize and release:

- ☒ a. exclusively only one neurotransmitter ✓
- b. usually one or more than one type of neurotransmitters
- c. one primary neurotransmitter and one or more co-transmitters
- d. only neuropeptides
- e. norepinephrine and simultaneously NPY
- f. gas neurotransmitters and simultaneously neuropeptides
- g. gas neurotransmitters and simultaneously small-molecule neurotransmitters
- h. one neurotransmitter from the group of small-molecule neurotransmitters and one or more from the group of neuropeptides

77) Purines:

- a. are involved exclusively in energetic metabolism
- ☒ b. are involved also in transmission of nociceptive information ✓
- c. belong between classical neurotransmitters
- d. belong between neuropeptides
- e. belong between small-molecule neurotransmitters
- f. belong between gas neurotransmitters
- g. belong between classical excitatory neurotransmitters
- h. belong between classical inhibitory neurotransmitters

78) Neuropeptides are characterized by the following:

- a. are present in tissues in higher concentrations than small-molecules

- neurotransmitters
- b. are present in tissues in lower concentrations than small-molecules neurotransmitters
- ☒ c. are synthesized in body of neurons
- d. are synthesized in nerve endings
- e. lower frequency of action potentials is necessary for their release from neuron
- ☒ f. higher frequency of action potentials is necessary for their release from neuron
- g. are the major inhibitory neurotransmitters in brain, spinal cord and retina
- ☒ h. can play important role in maturation of the nervous system and regeneration of damaged neurons

79) Insulin is produced by:

- a. A cells
- ☒ b. B cells
- c. D cells
- d. F cells
- e. G cells
- f. exocrine pancreas
- ☒ g. endocrine pancreas
- h. H cells

80) Islets of Langerhans secrete:

- ☒ a. glucagon
- b. chymotrypsinogen
- c. amylase
- ☒ d. somatostatin
- e. epinephrine
- ☒ f. insulin
- ☒ g. pancreatic polypeptide
- h. pepsinogen

81) Enlargement of the thyroid gland can be caused by:

- a. vitamin D deficiency
- ☒ b. inflammation process
- ~~c. nodular hypothyroidism and hypoplasia of the acinar cells~~
- ☒ d. neoplastic process
- ☒ e. increased intake of iodine
- f. intestinal calcium malabsorption
- ☒ g. increased colloid accumulation in the follicles
- ☒ h. hypertrophy and hyperplasia of the epithelial cells of follicles

82) The hypothalamic releasing hormones include:

- ☒ a. CRH
- b. ACTH
- c. glucocorticoids
- d. epinephrine
- ☒ e. dopamine
- f. serotonin

- g. GnRH
- h. TRH

83) Major hormones secreted from the anterior pituitary are:

- a. ACTH
 - b. prolactin
 - c. growth hormone
 - d. luteinizing hormone
 - e. follicle-stimulating hormone (FSH)
 - f. thyrotropin-releasing hormone (TRH)
 - g. vasopressin
 - h. oxytocin
- } posterior

84) Hormones stored and released from neurohypophysis into the circulation are:

- a. ACTH
- b. prolactin
- c. growth hormone
- d. luteinizing hormone
- e. follicle-stimulating hormone (FSH)
- f. thyrotropin-releasing hormone (TRH)
- g. vasopressin
- h. oxytocin

85) Major hormones secreted from the adrenal medulla are:

- a. epinephrine
- b. norepinephrine
- c. glucocorticoids
- d. cortisol
- e. serotonin
- f. mineralocorticoids
- g. sex steroids
- h. histamine

86) Major hormones secreted from the adrenal cortex are:

- a. epinephrine
- b. norepinephrine
- c. glucocorticoids
- d. cortisol
- e. serotonin
- f. mineralocorticoids
- g. sex steroids
- h. histamine

87) Oxytocin and vasopressin are synthesized in:

- a. hypothalamus
- ~~b. hypophysis~~
- c. adenohypophysis
- ~~d. neurohypophysis~~
- e. hippocampus
- f. epiphysis

- ☒ g. nucleus paraventricularis hypothalami
- ☒ h. nucleus supraopticus

88) Cushing's syndrome:

- a. is primary hyperaldosteronism
- b. is primary hypocortisolism
- ☒ c. is primary hypercortisolism
- d. is acute adrenocortical insufficiency
- e. is secondary hyperaldosteronism
- f. is chronic primary adrenocortical insufficiency
- ☒ g. related to hyperfunction of adrenal cortex
- h. related to hypofunction of adrenal cortex

89) Symptoms of hyperthyroidism include: (wiki)

- ☒ a. exophthalmos
- ☒ b. increased heat production (sweating)
- ☒ c. myxedema
- d. growth and mental retardation (perinatal)
- ☒ e. increased metabolic rate
- ☒ f. weight loss
- g. hypoventilation
- h. increased cardiac output - (ask heart rate)

90) Symptoms of hypothyroidism include:

- a. dyspnea
- b. weight loss
- ☒ c. myxedema
- ☒ d. tremor, weakness
- ☒ e. decreased metabolic rate
- ☒ f. weight gain
- ☒ g. decreased cardiac output
- h. exophthalmos

91) Addison's disease is characterized by:

- a. hyperglycemia
- b. virilization of the female
- ☒ c. hyperpigmentation
- d. central obesity
- e. increased cortisol and androgen levels
- ☒ f. decreased adrenal glucocorticoid, androgen, and mineralcorticoid
- ☒ g. hypoglycemia
- ☒ h. increased POMC and ACTH

92) Hypothyroidism can be caused by: (wiki)

- ☒ a. thyroid neoplasm
- b. graves' disease
- ☒ c. surgical destruction of thyroid
- ☒ d. Hashimoto's thyroiditis
- ☒ e. iodide deficiency
- ☒ f. autoimmune thyroiditis

- g. Conn's syndrome
- h. Addison's disease *decrease*

93) Increased ACTH secretion would be expected in patients: *p. 320*

- a. with primary adrenocortical hyperplasia
- b. with elevated levels of angiotensin II
- ~~c. receiving glucocorticoid for immunosuppression following a renal transplant~~
- d. with chronic adrenocortical insufficiency
- e. with secondary adrenocortical insufficiency
- f. with Graves' disease
- g. with Addison's disease

94) Pheochromocytoma: *(wiki)*

- a. is a serious disease of the adrenal medulla
- b. is a serious disease of the adrenal cortex
- c. is a catecholamine-producing tumor
- d. is a mineralocorticoids-producing tumor
- e. the dominant clinical feature is arterial hypertension
- f. the dominant clinical feature are metabolic changes
- g. the dominant clinical feature is hyperpigmentation *callot*
- h. the dominant clinical feature is osteoporosis

95) Major effects of parathyroid hormone are: *(wiki)*

- a. decreased blood volume
- b. increased the production of activated vitamin D
- c. enhances active reabsorption of calcium and magnesium from distal tubules
- d. stimulation proteosynthesis
- e. decreased renal calcium reabsorption in the distal tubule
- f. increased bone resorption
- g. reduction the reabsorption of phosphate from the proximal tubule of the kidney
- h. increased the absorption of calcium in the intestine

96) In the zona fasciculata and/or zona reticularis of the adrenal cortex are produced following hormones:

- ~~a. aldosterone~~
- b. corticosterone
- c. epinephrine
- d. cortisol
- e. cholesterol
- f. dehydroepiandrosterone
- g. norepinephrine
- h. progesterone

97) Actions of glucocorticoids include:

- a. suppression of the immune response
- b. inhibition of gluconeogenesis
- c. increasing protein catabolism

- d. decreasing glucose utilization
- e. stimulation of T lymphocytes proliferation
- f. maintenance of vascular responsiveness to catecholamines
- g. anti-inflammatory effects
- h. increasing lipolysis

98) Major actions of insulin include:

- a. increases glycogenolysis and gluconeogenesis
- b. increases lipolysis
- c. decreases blood K^+ concentration
- d. decreases glycogenolysis and gluconeogenesis
- e. increases ketoacid production
- f. increases uptake of glucose
- g. increases protein synthesis
- h. increases fat deposition and decreases lipolysis

99) Congenital abnormality – 21β -hydroxylase deficiency is characterized by: p 384

- a. increased adrenal androgens
- b. hyperplasia of zona glomerularis
- c. hyperplasia of zona reticularis and zona fasciculata
- d. decreased cortisol and aldosterone
- e. decreased ACTH
- f. increased 17-hydroxyprogesterone
- g. virilization in females
- h. hyperglycemia

100) A female patient has hirsutism, hyperglycemia, obesity, muscle wasting, and increased circulating levels of ACTH. The most likely cause of her symptoms is:

- a. primary adrenocortical insufficiency (Addison's disease)
- b. pheochromocytoma
- c. primary overproduction of ACTH (Cushing's syndrome)
- d. treatment with exogenous glucocorticoids
- e. hypophysectomy
- f. primary adrenocortical hyperplasia
- g. Conn's syndrome

101) Cushing's syndrome is characterized mainly by:

- a. increased of muscular mass
- b. increased protein catabolism
- c. decreased of blood glucose
- d. increased hepatic gluconeogenesis
- e. increased fat deposition and redistribution
- f. increased protein synthesis
- g. osteoporosis
- h. increased osmotic diuresis maybe

102) The vestibulocochlear nerve is:

- a. CN IV
- b. CN IX
- c. CN X